

## You Need Help Exodus 18

For everyone practicing evil hates the light and does not come to the light, lest his deeds should be exposed. - John 3:20

VV.8-9: \_\_\_\_\_\_ of God's faithfulness, both big and small, are meant to

be\_\_\_\_\_.

"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light." - Matthew 11:28-30

## Why We Find Our Souls Troubled:

1) We take on burdens \_\_\_\_\_ our

...casting all your care upon Him, for He cares for you. - 1 Peter 5:7

2) We \_\_\_\_\_ on a \_\_\_\_\_ the Lord has given us without the help He has given us.

"...I will pray the Father, and He will give you another Helper, that He may abide with you forever - the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you. I will not leave you orphans; I will come to you." - John 14:16-18 Helper = "parakletos" in the original Greek (para = alongside; kletos = called, invited)

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need the \_\_\_\_\_!

"These things I have spoken to you while being present with you. But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you." - John 14:25-26