

The Sabbath and the Gospel Genesis 2:1-17

"Remember the Sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the Lord blessed the Sabbath day and hallowed it." - Exodus 20:8-11

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VV.2-3: God created the Sabbath for His people to	
Him and	
from work.	
One person esteems one day above another; another esteems every day alike. Let each be fully convinced in his own mind. He who observes the day, observes it to the Lord; and he who does not observe the day, to the Lord he does not observe it Romans 14:5-6 So let no one judge you in food or in drink, or regarding a festival or a new moon or Sabbaths Colossians 2:16	
We are still called to observe a Sabbath because it is a	
law that The Ter	
Commandments.	

Most believers don't practice a Sabbath because we	
believe that we can	
by doing things our way instead of God's way.	
For by grace you have been saved through faith, and that not of yourselves; it is the gift of God, not of works, lest anyone should boast Ephesians 2:8-9	
God can do more through us	
in Him than we can by	on our own
"Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For	
My yoke is easy and My burden is light." - Matthew	
As a father pities his children, so the Lord pities those who fear Him For He knows our frame; He remembers that we are dust Psalm 103:13-14	
the world that then existed perished, being flood - 2 Peter 3:6	ed with water.
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[&]quot;The Sabbath was made for man, and not man for the Sabbath." - Mark 2:27



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